

# Plough Walks



## WALK NO. 4

### MARTON & ABBOTS MOSS FIGURE OF EIGHT.

- **START & FINISH:**      **THE PLOUGH**
- **MAPS:**                      **OS EXPLORER 267**
- **DISTANCE:**                **9.4KM / 5.9 MILES**      **ALLOW:**  
**1HR 50MINS**

- ***LEVEL SURFACE WITH NO ELEVATION, SOME SECTIONS CAN BE WET/MUDDY IN WINTER.***

#### About the Walk

*Starting at the Plough, this route takes you on a pleasant Ramble along mainly flat & gentle terrain. The walk takes a parallel route to Whitegate way from Nova Scotia in Marton, between the two quarry pools in Newchurch common & onto the Scout activity centre at Sandiway before skirting the edge of Nunsmere, an impressive lake close to the A49 Tarporley Road. The route then doubles back via Abbots Moss nurseries a Forestry Commission site for growing fir trees & then back through the meadows &-secluded paths of Whitegate & Marton.*



#### **1. Cassia Lane – Nova Scotia.**

Turn right out of the Plough car park and walk to the main road and go straight across and past the football pitch on the left. At the end of the lane turn right and then straight across, when you reach the crossroads (Nova Scotia Lane) Walk on past Sandy lane which is on the right (1.5km) and at the end of the lane go through the gap next to the gate and continue along the stone track.

*(You could take a short & scenic detour at this point. After the point where a public footpath crosses the track, turn left over a steel barrier, crossing over the open ground into trees and along the shore of the pool lying in a former sand quarry. The path eventually emerges into a small car park; where you can bear right to re-join the stone track).*

#### **2. Sandiway & Abbots Moss.**

Continue on & at around 3.5km into the walk you will reach a crossroad on the track, by the Forest camp activity centre. Take a left by the yellow barrier and continue on, crossing the bridge over Whitegate way. Continue on through the clearing in the trees and past the memorial stone on the right and then along the stone road track ahead **(4.6km)**

At the point where the track bends to the right, turn left at the gap between the trees and do a U turn and head back in the direction you came, albeit on a narrow dirt path further to the right. Walk on with a barbed wire fence to the right & then through the bracken (green building to the left) before emerging from the path, with steel gates to the left. Turn right and immediately left and continue along a shale path between Abbots Moss nurseries **(5.5km)**

### **3. Totties Farm – Commons Farm**

At the end of the track, go through the gap between the barrier and fence and continue on along a grass track between fields & hedgerows. At the end of the path turn left at the junction and along the track ahead. Ahead are two dwellings, a bungalow to the left and a farm house to the right. Go thru the five bar gate and continue ahead past the house on the right (Totties Farm) and through the next gate and into the farm yard. Continue on to the end of the field, go through the wooden gate & turn right and down the track known as commons lane (**6.8km**).

### **4. Sandy Lane - Beauty Bank**

Go past the farm buildings to the right and Acorns Caravan Park on the left and then turn left down the narrow path, just before the stables. Cross the stile and down and up the steps opposite (Whitegate Way), then either cross the stile or go through the kissing gate (The choice is yours) Walk on to the makeshift wooden gate ahead and through the next gate and continue across the field to the house ahead (at the time of writing a pair of buzzards are nesting in the trees just to the right of the field)

Go through the kissing gate and across the road and onto Sandy Lane (Donkey lane). At the end of Sandy Lane turn right and walk through the clump of trees known as the beeches. Cross over the road with the village hall opposite and continue to the right. After a short distance bear left down a track just after the national speed limit sign &, walk through the shady hollow to the road, turn left and back to The Plough, which is just ahead on the left. (**9.4km**)

- **Why not finish your walk with a drink and a meal in our welcoming hostelry**

*Hidden in a quiet corner of beautiful Cheshire countryside that is popular with walkers and steeped in history, the Plough Inn offers traditional beers, fine wines, and quality home cooked food served in a comfortable and friendly atmosphere.*

*We have one of the most varied menus in the area. Favourites such as steak pie and chips are served alongside starters, salads and a continually changing specials board. A wide variety of fish and seafood is also available. All our dishes are prepared on the premises using fresh sustainable produce from local meat and fish suppliers.*

**We would appreciate any feedback regarding our walks, please forward them to Nigel Durose at the following email address. [Nigedurose05@googlemail.com](mailto:Nigedurose05@googlemail.com)**

**Contact us.**

**01606 889455**

**[www.ploughwhitegate.com](http://www.ploughwhitegate.com)**

***Further walks are available from the Plough or by visiting the above website.***